

COVID -19 Response Phone Line for all of Durham Region - Pickering Residents

Toll Free: 1-888-573-0982

A local volunteer support group to get supplies to those unable to get out due to self-quarantine, compromised immune systems, age 65+ or otherwise at risk.

We have a phone system set up so our Call Crew can answer you or check for your messages. When you call, follow the directions to select your city or town and leave your general location and info on what you need. A volunteer will contact you within 24 hours to work out the details.

All calls are confidential. Your phone number and address will not be shared with anyone else.

As a precaution, there will be no **face-to-face contact**. A volunteer will drop off what you need at your front door or other agreed-upon location. Please wait for them to leave before opening your door.

How to disinfect what is dropped off:

- Mix up ½ cup bleach per gallon of water or use regular soap.
- Use this to wipe down the surfaces of new items coming into the house and allow it to sit for at least 5 minutes before wiping it off.

We are not yet sure how long it lives on surfaces.

Anyone wishing to volunteer can also call, toll free: 1-888-573-0982.

Additional support can be found on these Facebook pages:

Caremongers Ajax Pickering

Caremongers Oshawa and Clarington

Caremongers Whitby

