

Sontag Pattern

What you need:

- About 12 Oz. of worsted weight wool or slightly heavier (I used Briggs and Little wool from Whitevale Craftworks, or Paton's Classic Wool)

Historical Stuff:

For details on the origins of the sontag (or “bosom buddy”) visit PMV’s Stitch in Time blog at <https://pickeringmuse.tumblr.com/post/44860486112/sontag-pattern>

Knitting Instructions:

Cast 35 Sts. on a round 4.5 mm needle (I started with 45 Sts –about 10 “)

K5 P5 for 5 rows. Pattern alternates after 5 rows to form blocks.

Increase 1 St each end of every 5th row (10 times), starting at row 10 or end of 2nd block pattern. (Now have 45 +20 (65) and approx. 8 ½ “and 11 patterns. Then increase 1st at the end of every row , i.e. 1st per row at alternate sides until 135 sts in total. (approx. 16 ½ “and 25 patterns)

Start of Neck Edge:

Next row pattern 45 Sts. and put on holder; then cast off the next 45 Sts for neck, and pattern last 45 Sts.

On last 45 Sts. of one front:

**Decrease 1 St every 7 rows at neck edge until 35 Sts. Then decrease 1 St at end of row at neck edge – (alternate rows) until 3 Sts. left. Next row, K2 tog and cast off. Knit other side to match.

Border:

Cast on 6 Sts and knit garter St Strip to fit outside and inside edges. Attach to Sontag. Finishing: Sew a button on one end and a buttonhole on the other end. Knit ties and attach to both corners of back. Ties do up around waist to front, then cross the long fronts and button at back.

Extra band for buttons:

Knit 21 Sts with 4 needles (3 1/4) for 8”. Sew to one end of front.

Notes:

Neck edge down to 35 Sts. – Approx. 13” and 14 patterns
8”

10 patterns – approx. 7 1/2 –

*Sontag, ties & edging – approx. 3 x 100 g *Hat & wristlets & extra button band -- approx. 1-
2 x 100 g

****Decrease for 1st Side:**

End of 8th Row - 2nd Pattern
End of 1st row - 4th Pattern
End of 2nd row - 5th Pattern
End of 5th Row - 6th Pattern
End of 3rd row - 8th Pattern
End of 1st Row - 10th Pattern
End of 2nd Row - 11th Pattern
End of 5th Row - 12th Pattern
End of 3rd Row - 14th Pattern
End of 4th Row - 15th Pattern

****Decrease for 2nd Side:**

End of 7th Row - 2nd Pattern
End of 5th Row - 3rd Pattern
End of 3rd Row - 5th Pattern
End of 1st Row - 7th Pattern
End of 4th Row - 8th Pattern
End of 2nd Row - 10th Pattern
End of 5th Row - 11th Pattern
End of 1st Row - 13th Pattern
End of 2nd Row - 14th Pattern
End of 5th Row - 15th Pattern