

adult 55+  
**Garden Series**

Free interactive seminars by local guest speakers on various topics of interest.

**Saturday, September 21**

10:00 am - 1:00 pm

George Ashe LCC,

Helen Paris Room

470 Kingston Road, Pickering

## How to Preserve Vegetable and Herbs

We will be learning how to preserve beets, and creating a delicious salad from our vegetable garden.

Refreshments will be provided.



**Reserve your space for this free seminar.**

Call 905.420.4660 ext 6104 or  
online at [eventbrite.com](https://www.eventbrite.com)

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55+ Aging Well Together

Alternate format available upon request call, 905.683.7575 or email [customer@pickering.ca](mailto:customer@pickering.ca)