

Summer Pilates Reformer Schedule

classes start week of July 2

Monday	Class	Instructor	Code
1:00 – 1:50 pm	Pilates Reformer 55+	Shyista	51578
2:00 – 2:50 pm	Pilates Reformer	Shyista	51846
8:00 – 8:50 pm	Pilates Reformer	Karen	51484

Tuesday	Class	Instructor	Code
7:30 – 8:20am	Pilates Reformer	Shyista	51426
8:30 – 9:20am	Pilates Reformer	Shyista	51425
9:30 – 10:20am	Pilates Reformer	Shyista	51562
1:45 – 2:35 pm	Pilates Reformer 55+	Karen	51490
3:00 – 3:50 pm	Pilates Reformer-Intermediate	Karen	51492
7:00 – 7:50pm	Pilates Reformer	Olivia	51564
8:00 – 8:50pm	Pilates Reformer	Olivia	51565

Wednesday	Class	Instructor	Code
6:30- 7:20 am	Pilates Reformer	Olivia	51488
7:30 – 8:20 am	Pilates Reformer	Olivia	51553

Thursday	Class	Instructor	Code
9:00 – 9:50 am	Pilates Reformer - Intermediate	Shyista	51848
10:00 – 10:50 am	Pilates Reformer	Shyista	51849
11:00 – 11:50 am	Pilates Reformer 55+	Shyista	51850
6:00 – 6:50pm	Pilates Reformer	Shyista	51568
7:00 – 7:50pm	Pilates Reformer	Shyista	51430
8:00 – 8:50pm	Pilates Reformer-Intermediate	Shyista	51577

Friday	Class	Instructor	Code
6:30- 7:20 am	Pilates Reformer	Olivia	51485
7:30 – 8:20 am	Pilates Reformer-Intermediate	Olivia	51421
11:45 – 12:35pm	Pilates Reformer 55+	Karen	51489
12:45 – 1:35pm	Pilates Reformer	Karen	51486
6:00 – 6:50 pm	Pilates Reformer-Intermediate	Karen	51487
7:00 – 7:50pm	Pilates Reformer	Olivia	51574
8:00 – 8:50pm	Pilates Reformer	Olivia	51575

Saturday	Class	Instructor	Code
7:30 – 8:20am	Pilates Reformer	Olivia	51424
8:30 – 9:20 am	Pilates Reformer	Olivia	51422

Sunday	Class	Instructor	Code
7:30 – 8:20am	Pilates Reformer	Olivia	51423
8:30 – 9:20 am	Pilates Reformer	Olivia	51420