



Parent/Guardian Session Letter – Adventure Camp

Week 5: July 28, 2025 – August 1, 2025 “Medieval Times”

Welcome to Adventure Camp! We are thrilled to have your child join us for an exciting, active, and engaging camp experience. Whether it's their first time at camp or they're returning for another adventure, we are dedicated to providing a safe, inclusive, and memorable environment for all campers. Please read the attached information carefully and do not hesitate to contact us if you have any questions or concerns.

Camp Details

The camp day runs from 9:00 am - 4:00 pm (daily).

Location: Pine Ridge Secondary School – 2155 Liverpool Rd, Pickering, ON L1X 1V4 – Main Gymnasium – Enter through the main entrance, and the gymnasium is on the left-hand side (Signage will be posted in the area for guidance)

Meet Your Camp Director

Hi! My name is Tamia King-Trott, and I'm excited to be part of your child's summer experience. I have a strong passion for working with children, as well as a love for baking and spending time outdoors. I'm currently entering my third year of Social Work studies at York University.

With four years of experience at Pickering Summer Camps where I have held roles as a Counsellor-in-Training, Counsellor, and Director I am committed to fostering a safe, engaging, and memorable environment for every camper. I look forward to an amazing summer ahead!

Camper Pick-Up/Drop-Off Procedures

Adventure Camp will be held at Pine Ridge Secondary School, in the Gymnasium. For the safety of all campers, please drop off and pick up your child in the gymnasium. Be sure to check your child in and out with the designated Pick-up/Drop-off counsellor.

For safety reasons, any alternate pick-up person you designate will be required to show photo ID to camp staff before your child is released into their care. Please make sure they are aware of this protocol and that your child is picked up on time.

Extend-a-Camp Drop Off and Pick Up Procedures

Extend-a-Camp will run out of the Pine Ridge Secondary School gym. If you have signed your camper up for Extend-a-camp, drop-off will begin at 7:00 am and pick up must be no later than 6:00 pm. Please be sure to pick up and drop off your child within these hours, otherwise a late charge (\$20.00) will be applied to any campers picked up after 6:00pm.

Absenteeism / Safe Arrivals

If you know in advance that your child will be absent or late, please email me at tking-trott@pickering.ca or camps@pickering.ca. If you would rather leave a voicemail, please call 905.420.4660 ext. 3246.

If a camper is absent without prior notification, we will attempt to contact the parents/guardians.

What To Expect

Adventure Camp is an exciting week of outdoor fun and learning! Campers will enjoy nature-themed arts and crafts, team-building activities, and explore the outdoors while discovering new skills. They'll learn basic survival techniques, practice archery, and work together to tackle fun challenges. Led by our enthusiastic staff, this camp is the perfect way for kids to build confidence, make new friends, and enjoy a week of adventure in nature!

What to Bring to Camp

- **Clothing:** Campers should wear comfortable clothes suitable for activities. Please do not send valuables, as campers are responsible for their own belongings. Remember to label all items (e.g., lunch bags, extra clothes, coats) to help prevent mix-ups. Indoor shoes (running shoes are recommended) are also required.
- Campers will be going outside for many adventures so please ensure to pack appropriate clothing for outside play (hats, mitts, jackets, snow pants).
- **Lunch and Snacks:** Campers must bring a nut-free lunch each day. Please pack lunch in non-breakable containers (no glass). Campers will have two snack breaks and lunchtime, so extra snacks are encouraged.

Allergy Notice

Please be sensitive to any food allergies that may be brought to your attention (i.e. tree nut allergies that can be life threatening). For this reason, please do not pack tree nuts, tree nut products, or any products containing traces of nuts in your child's lunch for camp. If staff are unsure of snacks (i.e. granola bars), Campers will be asked not to eat them at camp. Fruit is always a healthy and allergy safe snack! Please feel free to send

a copy of the ingredients of any items we may be unsure of (i.e. cookies). Your cooperation is greatly appreciated.

- **Water Bottle:** Please pack a reusable water bottle. There are water fill stations available at camp to keep your child hydrated throughout the day, as they may be outside.

Wristbands

On the first day of camp, each camper will receive a wristband in their camp's designated color. Please help ensure your camper wears their wristband throughout the week. If the wristband is lost or damaged, a replacement will be provided the following day at camp.

Water Day

We will aim to have a water day On Tuesday, July 29, if the weather permits. On these days, please send your child to camp with their bathing suit, an extra set of clothes, a towel as well as a plastic bag for their wet bathing suit. Also, please send a hat and apply sunscreen to your child. For campers who choose not to participate in water day, we will have a variety of different activities to engage in.

Trip Information:

On Thursday, July 31, Adventure Camp will head out on an exciting trip to the Pickering Museum Village! Campers will journey back in time as they explore historic buildings, take part in hands-on activities, and discover what life was like in the past. This interactive experience will spark curiosity, encourage teamwork, and bring history to life in a fun and adventurous way. The bus will be departing from Pine Ridge Secondary School at 9:20 am, please ensure you arriving on time. If you are running late and miss the bus, parents/guardians will be responsible for dropping off their campers at the designated trip location.

The following is a list of the special theme days at Adventure Camp – Medieval Times Week!

Monday, July 28	Tuesday, July 29	Wednesday, July 30	Thursday, July 31	Friday, August 1
Orientation Day! Welcome to Camp!	Blast from the Past! Wear your best 80s and 90s gear! Or Wear Red	Pre Historic Day! Dress up as a caveman Or Wear Brown	Camo Day! Wear Camo attire! Or Wear Green	Team Colour Day! Dress up in your Teams Colour!

If you have any questions or concerns, please feel free to contact us directly via email at camps@pickering.ca

Looking forward to enjoying a fantastic week together!

Tamia King-Trott, Adventure Camp Director