

The City of Pickering is committed to creating an equitable, diverse and inclusive workplace and strives to foster a sense of belonging, empowerment and respect among all employees and community members. We recognize and value that diverse perspectives, skills, backgrounds, and lived experiences contribute to the growth and strength of our organization and community. As such, we welcome and encourage applications from Indigenous Peoples and equity-deserving communities including women, persons with disabilities, racialized persons, persons who identify as 2SLGBTQI+, and other diverse communities.

Specialty Fitness Instructor – Family Yoga

Department:	Community Services
Classification:	Contract (August – December 31, 2026)
Affiliation:	Non-Union
Vacancy Reason:	Existing
Shift/Hours:	As Scheduled, Monday – Sunday, Incl., 3 hours per week
Salary Range:	\$41.00/hour
Work Location:	Chestnut Hill Developments Recreation Complex, 1867 Valley Farm Road
Date Posted:	Tuesday, July 21, 2026
Deadline to Apply:	Tuesday, August 11, 2026

Job Summary

The City of Pickering is seeking an experienced and motivated individual to join our team in the role of Specialty Fitness Instructor – Family Yoga. The successful incumbent will bring children and their parents/caregivers together through movement, mindfulness, and connection.

Primary Responsibilities

- Plan and deliver fun, age-appropriate yoga classes for children and their parents/caregivers.
- Lead participants through yoga poses, breathing exercises, and mindfulness activities.
- Create an engaging environment that encourages family participation, and connection.
- Adapt activities to meet the needs of children and adults with varying abilities and experience levels.
- Ensure classes are delivered in a safe, positive, and supportive manner.

Education and Experience

- Current Yoga Instructor Certification.
- Strong understanding of how to engage children through movement, games, and mindfulness activities.
- Ability to create a fun, inclusive, and supportive atmosphere for families.
- Experience working with children and families in a recreation, education, camp, or community setting.

Knowledge, Skills and Abilities

- Must be medically and physically fit to perform the duties of the position.
- Excellent interpersonal, organizational, communication (verbal and written in English), customer services skills, and group facilitation skills.
- Must be willing to work irregular hours including weekends.
- Must be prepared to undergo a Vulnerable Sector Screening as a condition of employment.

Qualified candidates may complete an [online application form](#) where you will be required to upload your resume and cover letter (PDFs only). We thank all applicants for their interest, however, only those selected for an interview will be contacted. In accordance with the *Municipal Freedom of Information and Protection of Privacy Act*, personal information is collected under the authority of the *Municipal Act* and is used for the purpose of candidate selection.

The City of Pickering is committed to inclusive and barrier-free employment practices, and to creating a workplace that reflects and supports the diversity of the community we serve. Accommodations are available throughout the recruitment process in accordance with the *Accessibility for Ontarians with Disabilities Act*. Accessible formats and supports can be requested. For assistance, please contact the Human Resources Department at 905.420.4627 or hr@pickering.ca.

Pickering: A complete, world-class city... inclusive, connected, caring and prosperous.

