



## **Parent/Guardian Session Letter – Adventure Camp!**

### **Week 3: July 14, 2025 – July 18, 2025 – “Superhero Training Academy Week”**

Welcome to Adventure Camp! We are thrilled to have your child join us for an exciting, active, and engaging camp experience. Whether it's their first time at camp or they're returning for another adventure, we are dedicated to providing a safe, inclusive, and memorable environment for all campers. Please read the attached information carefully and do not hesitate to contact us if you have any questions or concerns.

### **Camp Details**

The camp day runs from 9:00 am - 4:00 pm (daily).

Location: Pine Ridge Secondary School – 2155 Liverpool Rd, Pickering, ON L1X 1V4  
Main Gymnasium – Enter through the main entrance, and the gymnasium is on the left hand side (Signage will be posted in the area for guidance)

### **Meet Your Camp Director**

Hi! My name is Tamia King-Trott, and I'm excited to be part of your child's summer experience. I have a strong passion for working with children, as well as a love for baking and spending time outdoors. I'm currently entering my third year of Social Work studies at York University.

With four years of experience at Pickering Summer Camps where I have held roles as a Counsellor-in-Training, Counsellor, and Director I am committed to fostering a safe, engaging, and memorable environment for every camper. I look forward to an amazing summer ahead!

### **Camper Pick-Up/Drop-Off Procedures**

Adventure Camp will be held at Pine Ridge Secondary School, in the Gymnasium. For the safety of all campers, please drop off and pick up your child in the gymnasium. Be sure to check your child in and out with the designated Pick-up/Drop-off counsellor.

For safety reasons, any alternate pick-up person you designate will be required to show photo ID to camp staff before your child is released into their care. Please make sure they are aware of this protocol and that your child is picked up on time.

### **Extend-a-Camp Drop Off and Pick Up Procedures**

Extend-a-Camp will run out of the Pine Ridge Secondary School gym. If you have signed your camper up for Extend-a-camp, drop-off will begin at 7:00 am and pick up

must be no later than 6:00 pm. Please be sure to pick up and drop off your child within these hours, otherwise a late charge (\$20) will be applied to any campers picked up after 6:00pm.

### **Absenteeism / Safe Arrivals**

If you know in advance that your child will be absent or late, please email me at [tking-trott@pickering.ca](mailto:tking-trott@pickering.ca) or [camps@pickering.ca](mailto:camps@pickering.ca). If you would rather leave a voicemail, please call 905.420.4660 ext. 3246.

If a camper is absent without prior notification, we will attempt to contact the parents/guardians.

### **What To Expect**

Adventure Camp is an exciting week of outdoor fun and learning! Campers will enjoy nature-themed arts and crafts, team-building activities, and explore the outdoors while discovering new skills. They'll learn basic survival techniques, practice archery, and work together to tackle fun challenges. Led by our enthusiastic staff, this camp is the perfect way for kids to build confidence, make new friends, and enjoy a week of adventure in nature!

### **What to Bring to Camp**

- **Clothing:** Campers should wear comfortable clothes suitable for activities. Please do not send valuables, as campers are responsible for their own belongings. Remember to label all items (e.g., lunch bags, extra clothes, coats) to help prevent mix-ups. Indoor shoes (running shoes are recommended) are also required.
- Campers will be going outside for many adventures so please ensure to pack appropriate clothing for outside play (hats, mitts, jackets, snow pants).
- **Lunch and Snacks:** Campers must bring a nut-free lunch each day. Please pack lunch in non-breakable containers (no glass). Campers will have two snack breaks and lunchtime, so extra snacks are encouraged.

### **Allergy Notice:**

Please be sensitive to any food allergies that may be brought to your attention (i.e. tree nut allergies that can be life threatening). For this reason, please do not pack tree nuts, tree nut products, or any products containing traces of nuts in your child's lunch for camp. If staff are unsure of snacks (i.e. granola bars), Campers will be asked not to eat them at camp. Fruit is always a healthy and allergy safe snack! Please feel free to send

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a copy of the ingredients of any items we may be unsure of (i.e. cookies). Your cooperation is greatly appreciated.

- **Water Bottle:** Please pack a reusable water bottle. There are water fill stations available at camp to keep your child hydrated throughout the day, as they may be outside.

### **Wristbands**

On the first day of camp, each camper will receive a wristband in their camp's designated color. Please help ensure your camper wears their wristband throughout the week. If the wristband is lost or damaged, a replacement will be provided the following day at camp.

### **Water Day**

We will aim to have a water day once per week if the weather permits. On these days, please send your child to camp with their bathing suit and towel, as well as a plastic bag for their wet bathing suit. Also, please send a hat and apply sunscreen to your child. If your camper does not want to participate in water day, there will be a variety of different activities for them to engage in! Please ask director for more details.

### **Trip Information**

This Wednesday, Adventure Camp will be heading to Whitevale Park (405 Whitevale Rd, Whitevale, ON L0H 1M0) for a day of outdoor exploration from 10:00 a.m. to 1:00 p.m. Morning drop-off will take place at Pineridge Secondary School (in the gym), with buses departing promptly at 9:30 a.m. Please arrive on time, as late arrivals will need to be transported to the park by a parent or guardian. Campers will have the opportunity to either go creek walking or hiking.

Campers interested in creek walking must bring an extra pair of old, closed-toe running shoes or water shoe-rubber boots and sandals are not permitted. They'll also need a change of clothes or a bathing suit. Please note that creek walking is weather dependent and may be cancelled if water conditions are unsafe.

Campers planning to hike should bring comfortable running shoes. All campers should come prepared with plenty of water, peanut-free snacks, a hat, sunscreen, bug spray, and appropriate outdoor attire. In the event of rain, the camp will run indoors at Pine Ridge as usual.

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The following is a list of the special theme days at Adventure Camp - Superhero Training Academy Week!

<b>Monday, July 14<sup>th</sup></b>	<b>Tuesday, July 15<sup>th</sup></b>	<b>Wednesday, July 16<sup>th</sup></b>	<b>Thursday, July 17<sup>th</sup></b>	<b>Friday, July 18<sup>th</sup></b>
<b>Orientation Day!</b>  Welcome to Camp!	<b>Superhero Day!</b>  Dress up as your favorite superhero! Or Wear Black	<b>Sidekick Day!</b>  Dress up as your favourite sidekick! Or Wear Purple	<b>Team Colour Day!</b>  Dress up in your teams colour!	<b>Pyjama Day!</b>  Wear your comfiest, and most stylish Pjs to Camp!

If you have any questions or concerns, please feel free to contact us directly via email at [camps@pickering.ca](mailto:camps@pickering.ca)

Looking forward to enjoying a fantastic week together!

Tamia King-Trott, Adventure Camp Director

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