

Employment Opportunity

The City of Pickering is committed to creating an equitable, diverse and inclusive workplace and strives to foster a sense of belonging, empowerment and respect among all employees and community members. We recognize and value that diverse perspectives, skills, backgrounds, and lived experiences contribute to the growth and strength of our organization and community. As such, we welcome and encourage applications from Indigenous Peoples and equity-deserving communities including women, persons with disabilities, racialized persons, persons who identify as 2SLGBTQI+, and other diverse communities.

Pilates Reformer Instructor

Department: Community Services

Classification: Contract, September – December 31, 2025

Affiliation: Non-Union Vacancy Reason: Existing

Shift/Hours: Various, 3-5 hours per week.

Salary Range: \$55.00/hr

Work Location: 1867 Valley Farm Rd, Pickering, ON

Date Posted: July 25, 2025

Deadline to Apply: August 7, 2025 at 11:59pm

Job Summary

The City of Pickering is seeking a dedicated and motivated individual to join our team in the role of Pilates Reformer Instructor.

Under the general direction of the Supervisor, Fitness Services, the incumbent is responsible for planning, coordinating, and conducting group fitness programs in a professional and effective manner, ensuring exemplary customer service and participant safety.

Failure to provide correct information, demonstrate the correct use of equipment and individual fitness programs could compromise the health and safety of patrons, and cause patrons to view fitness services as unreliable, unprofessional, and inconsistent, causing customer dissatisfaction which could lead to a decrease in membership and a corresponding loss of revenue. Light to moderate physical exertion in the performance of fitness training and instruction is required.

Education and Experience

- University Successful completion of secondary school education.
- One year of progressive fitness related work experience.
- Must possess current Pilates Reformer certification.
- Must be medically and physically fit to perform the duties of the position.

Knowledge, Skills and Abilities

- Successful Excellent interpersonal, leadership, organization, communication (verbal and written in English) and customer service skills.
- Must be willing to work irregular hours including evenings, weekends, and holidays.
- Demonstrated analytical and problem-solving skills with the ability to plan, develop and deliver short- and long-range fitness strategies and programs.
- Excellent current knowledge of medical terms and conditions and the ability to apply that knowledge to prescribe safe and effective exercise routines.
- Ability to work independently and achieve results on own initiative under minimum supervision.
- Must possess current Standard First Aid, Basic Rescuer CPR-C Certificates, and Auto External Defibrillator (AED) certification.
- Must be prepared to undergo a Vulnerable Sector Screening as a condition of employment.

Qualified candidates may complete an **online application form** where you will be required to upload your resume and cover letter (PDFs only). We thank all applicants for their interest, however, only those selected for an interview will be contacted. In accordance with the *Municipal Freedom of Information and Protection of Privacy Act*, personal information is collected under the authority of the *Municipal Act* and is used for the purpose of candidate selection.

The City of Pickering is committed to inclusive and barrier-free employment practices, and to creating a workplace that reflects and supports the diversity of the community we serve. Accommodations are available throughout the recruitment process in accordance with the Accessibility for Ontarians with Disabilities Act. Accessible formats and supports can be requested. For assistance, please contact the Human Resources Department at 905.420.4627 or hr@pickering.ca.

Pickering: A complete, world-class city... inclusive, connected, caring and prosperous.









